

WABA Publications on Gender & Breastfeeding



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WABA Publications on Gender & BREASTFEEDING



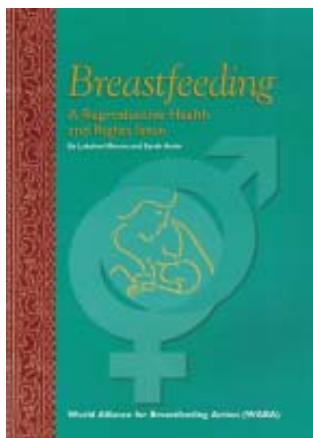
These three publications are useful for raising awareness on women's social and economic situation and their multiple burdens as workers and as mothers.

They provide resources for advocates who wish to support women combine reproductive work, including breastfeeding, with other work and employment. The books also help groups and individuals to plan advocacy strategies to improve women's lives and promote breastfeeding.



The World Alliance for Breastfeeding Action (WABA) is a global network of individuals and organisations concerned with the protection, promotion and support of breastfeeding worldwide based on the Innocenti Declaration, the Ten Links for Nurturing the Future and the WHO/UNICEF Global Strategy for Infant and Young Child Feeding. Its core partners are International Baby Food Action Network (IBFAN), La Leche League International (LLL), International Lactation Consultant Association (ILCA), Wellstart International, Academy of Breastfeeding Medicine (ABM) and LINKAGES. WABA is in consultative status with UNICEF and an NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC).

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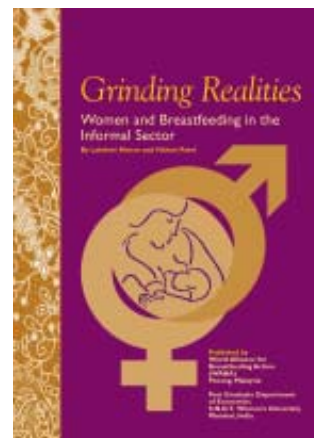
Breastfeeding *A Reproductive Health and Rights Issue*

This publication aims to situate breastfeeding within the women’s reproductive health and rights agenda, and looks at both issues as a common concern to the women’s health movement as well as the breastfeeding movement. It places breastfeeding in the social and economic context of women’s lives and examines the real situation of women who have to combine breastfeeding and their multiple roles and responsibilities.

It also examines women’s reproductive health during pregnancy and childbirth, and other issues as abortion, contraceptives, reproductive cancers and reproductive tract infections, HIV-AIDS and violence against women, all from a gender perspective.

By Lakshmi Menon and Sarah Amin with contributions by Renu Khanna, Society for Health Alternatives (SAHAJ), India.

Published by WABA, Malaysia.
September 2005
ISBN 983-2685-07-9
80p. Size: 148 x 209mm
Price: US\$8 (airmail), US\$6(seamail)



Grinding Realities *Women and Breastfeeding in the Informal Sector*

Grinding Realities provides an indepth look at the plight of women workers in the informal sector and examines women’s never-ending work in their homes, including caring and nurturing which is unwaged and generally not counted as “real” work.

The book suggests recommendations to improve the situation of women in the informal sector and to support breastfeeding. It includes a select annotated bibliography on women workers in rural and urban informal sectors who are engaged in contract, home-based, seasonal and temporary work.

By Lakshmi Menon and Vibhuti Patel

Published by WABA, Malaysia and Post-Graduate Department of Economics, Shrimati Nathibai Damodar Thackersey (SNDT) Women’s University, Mumbai, India.
December 2005.
ISBN 983-2685-08-7 • 140 p.
Size: 148 x 209mm
Price: US\$10 (airmail), US\$8(seamail)

WABA Publications on Gender & Breastfeeding

“Gender stereotyping permeates almost all aspects of a woman’s life, and has a profound impact on her ability to successfully breastfeed her baby...”

Against All Odds *Gendered Challenges to Breastfeeding*

Against All Odds is about women’s testimony to the challenges they face daily in their infant feeding decisions and in managing breastfeeding and other life demands, particularly the need to work and survive. It provides an overview and analysis of the gender issues



Edited by Radha Holla Bhar

Published by WABA, Malaysia and Centro Feminista de Información y Acción (CEFEMINA), Costa Rica
September 2005. ISBN 983-2685-06-0
184 p. Size: 148 x 209mm. Price: US\$12 (airmail), US\$8(seamail)

involved in women and breastfeeding and includes 11 case studies from 10 countries. It also provides an enabling framework for gender-based strategies to protect, promote and support breastfeeding.