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August 2018

### - August Newsletter -

### BREASTFEEDING FOR A SUSTAINABLE WORLD



Welcome to the second WABA newsletter of 2018.

Although the benefits of breastfeeding are apparent to advocates, a lot remains to be done to create enabling environments and overcome barriers to breastfeeding. To achieve this, we collaborated more with our allies and incentivised innovative and sustainable projects. Read more about what we have been up to!

### **MESSAGE FROM OUR ED**

According to **UNICEF**, only 2 in 5 babies are put to the breast within the first hour of life. We can change this by creating a **warm chain of support** 



for every mother and baby, all around the world. We know why breastfeeding is **important** and **how to** do it. There is no stopping us now!

Dr Amal Omer-Salim WABA Executive Director

### **OUR CAMPAIGNS**

### WORLD BREASTFEEDING WEEK (WBW)



#WBW2018 was an exciting chance to collaborate with our allies in producing materials and assets to be used in the global celebration. Some highlights:

- Produced the Logo, Announcement, Poster & Action Folder in the 6 official languages of the UN
- Created a video on the Foundation of Life theme
- Recorded a message from our Executive Director & Chairperson Emeritus
- Created the #WBW2018 presentation
- Produced a Media Kit and Social Media Kit
- Created the Message Box function for celebrants to share innovative ideas
- Received over 800 pledges and almost 100 reports of events around the world
- Organised activities via Facebook and Twitter such as Throwback Tuesday (#TBT) photos, Photo Frames, emoji stories and polls
- Shared assets from our allies such as UNICEF, WHO, WHA, LLLI, ILCA and Every Woman Every Child
- Co-organised the Thunderclap campaign with ILCA with a social reach of over 3 million
- Collaborated with representatives of 12 organisations in the #AskMeAnything

session

Together, we can inform, anchor, engage and galvanise on breastfeeding as the foundation of life. How will you celebrate #WBW2018 the rest of this year?

WBW 2018 Website

# WARM CHAIN OF SUPPORT FOR BREASTFEEDING



The Warm Chain of Support for Breastfeeding campaign emphasises the importance of working together with different stakeholders and coordinating efforts at all levels to care for the mother-baby dyad. Some highlights and updates on this campaign:

- Created 2 new postcards for Academics and Paediatricians
- Promoted the Warm Chain concept at the 7th Academy of Breastfeeding Medicine European Regional Meeting, the International Lactation Consultant Association Conference and the AIDS 2018 Conference

A Warm Chain leads to a Sustainable World

Participate in the Warm Chain survey

# EMPOWERING PARENTS CAMPAIGN

The Empowering Parents Campaign (EPC) aims to empower parents with information and social protection measures that will enable them to make the best choice in infant feeding. Some highlights and updates on this campaign:

- EPC now focuses on Parent-Friendly Workplaces by providing incentives through the Seed Grant Project.
- The ILO's Centenary in 2019 will serve as an opportunity to promote activities and commitment towards the EPC among WABA and our allies.

**EPC Concept Note** 

## **BREASTFEEDING ADVOCACY & PRACTICE (BAP) COURSE**



WABA is collaborating with Alive & Thrive and UNICEF to support Warm Chain teams from Malaysia, China, Vietnam and Myanmar. WABA will be providing scholarships to support teams of midwives affiliated to the International Confederation of Midwives (ICM) from the African region such as Ethiopia, Rwanda, Tanzania, Uganda and South Sudan.

Read more about the BAP course

**SEED GRANTS PROJECT** 



Three Seed Grant Projects were planned for the year 2018 namely, the Parent-Friendly Workplace Seed Grant, Warm Chain of Support for Breastfeeding Seed Grant and World Breastfeeding Week Seed Grant. Each selected organisation was awarded with between USD 1000.00 to 3000.00 to either start a new programme or to strengthen an existing effort that protects, promotes and supports breastfeeding. Four organisations were awarded the grant under the Warm Chain of Support for Breastfeeding Seed Grant and 17 organisations were selected to link breastfeeding to good nutrition, food security and poverty reduction under the World Breastfeeding Week Seed Grant.

Read more about the Seed Grants

### **NEWS FROM OUR CORE PARTNERS**

**International Lactation Consultant Association (ILCA)** 



- Highlighted WABA's Warm Chain Campaign through our blog (Lactation Matters) and on social media.
- Provided support to the key resolution on IYCF at the 71st WHA. Find ILCA's oneminute statement on the IYCF resolution. ILCA also released a statement and signed on to a letter calling on formula companies to support the Code.
- Stood together in opposition to policies that unnecessarily separate a parent from their infant or young child.
- More than 1,000 on-site and virtual attendees gathered at (ILCA) Conference in Oregon, United States where we shared the latest tools in clinical care, learned about successful strategies for supporting worldwide health through lactation, and connected with breastfeeding advocates from around the globe. We also welcomed our new president, Mudiwah Kadeshe (View her Presidential Address).

### <u>La Leche League International (LLLI)</u>



- Recently joined NetCode and the Global Breastfeeding Collective.
- Collaborated with WABA to reach 51,214 people during WBW
- Begun a series of informative webinars for LLL Leaders and others, each available for about a month

#### International Baby Food Action Network (IBFAN)



- Used the World Breastfeeding Trends Initiative (WBTi) as a vehicle to galvanize action
  - to achieve World Health Assembly and Global Breastfeeding Collective targets to
  - increase exclusive and continued breastfeeding
- IBFAN-ICDC releases fact sheet for BFHI and The Code to celebrate August the month of World Breastfeeding Week

Academy Of Breastfeeding Medicine (ABM)



- Held the 7th European Regional Meeting for physicians, May 18-20, Rotterdam, Netherlands
- Held the Australia/New Zealand Regional Conference for physicians, July 21-21, Queensland, Australia
- The 23rd International Annual Meeting will take place from November 14-17 in San Francisco, USA.
- Released "ABM Clinical Protocol #29: Iron, Zinc, and Vitamin D Supplementation During Breastfeeding" and has revised the "Clinical Protocol #9: Use of Galactogogues in Initiating or Augmenting Maternal Milk Production."

### **HIGHLIGHTS OF OUR ACTIVITIES**



- Produced the Labour Day Statement on Advancing Parental Social Protection for All
- Produced the Mother's Day Message on Supporting Breastfeeding: Let's Make It Happen
- Advocated for the Infant and Young Child Feeding resolution at the World Health Assembly 2018
- Participated in the Global Breastfeeding Collective meeting in Canada



- Produced the World Environment Day Message on Yes to Breastfeeding, No to Plastic Pollution!
- Collaborated with Family Initiative to produce a joint Father's Day Message on Fathers - Team Players in Family 1 (e)

Produced the Breastfeeding Mother Support E-Newsletter in French and Arabic



- Launched the Understanding International Policy on HIV and Breastfeeding: A Comprehensive Resource Kit (endorsed by ABM) in July and promoted the Kit at AIDS 2018 and ILCA conference
- Shared the Breastfeeding Mother Support E-Newsletter
- Produced the " A Wall Of Support For Breastfeeding – Achieving The New Normal' statement.



 Launched the multi stakeholder initiative "Making Penang Breastfeeding-Friendly" in conjunction with the State of Penang World Breastfeeding Week 2018 celebration.



World Alliance for Breastfeeding Action (WABA) is a global network of individuals & organisations concerned with the protection, promotion & support of breastfeeding worldwide. WABA action is based on the Innocenti Declaration, the Ten Links for Nurturing the Future and the Global Strategy for Infant & Young Child Feeding. Its core partners are International Baby Food Action Network (IBFAN), La Leche League International (LLLI), International Lactation Consultant Association (ILCA), Wellstart International and Academy of Breastfeeding Medicine (ABM). WABA is in consultative status with UNICEF & an NGO in Special Consultative Status with the Economic and Social Council of the United Nations (ECOSOC).









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