

16th Breastfeeding: Practice & Policy Courses

APPLICATION FORM

Please send before 1st May

Name :

Qualifications and Profession:

Present Position and place of work:

Email:

(All correspondence will be by email unless you specify otherwise)

Mailing Address:

Telephone:

Please indicate which you are applying for:

4 week Breastfeeding: Practice & Policy Course

2 week Part 1: Breastfeeding Clinical Management & Public Health 18-29 June

2 week Part 2: Infant & Young Child Feeding: Addressing Challenges to Optimal Practice 2-13 July

Are you interested in enrolling on the Taster Programme to earn MSc credits? Yes No

Where did you get this brochure from?

Please send a one-page summary of your Curriculum Vitae outlining

1. your involvement in infant feeding
2. any previous training courses on infant feeding which you have attended, or directed
3. your proficiency in English (written and spoken).

Please send by email to bfeed@ich.ucl.ac.uk.
Forms can be downloaded from
www.cihd.ich.ucl.ac.uk.

Course Rationale

Poor infant feeding practices are a major contributor to child mortality, morbidity, malnutrition and poor growth and development worldwide.

The established recommendations for optimal infant feeding are exclusive breastfeeding for six months followed by complementary feeding and continued breastfeeding for 2 years or more. Few countries meet these recommendations. Exclusive breastfeeding of young babies is rare. Most are given other foods and fluids as well as breastmilk. This mixed feeding increases the risk of dying from diarrhoea or pneumonia, interferes with breastmilk supply and demand, and negates the contraceptive effects of breastfeeding. Mixed feeding also increases the risk of transmission of HIV from infected mothers to their babies.

Taking action to improve infant feeding requires leadership, advocacy and competent health staff with up-to-date knowledge and skills to identify the problems, negotiate the solutions and implement programmes of training and support for mothers and communities. Our specialist evidence-based course equips participants to implement the WHO/ UNICEF Global Strategy on Infant and Young Child Feeding.

The Breastfeeding Course,
Centre for International Health and Development,
Institute of Child Health, 30 Guilford Street,
London, WC1N 1EH.
Tel: +44 (0)20 7905 2122 Fax +44 (0)20 7404 2062
Email: bfeed@ich.ucl.ac.uk
web page www.cihd.ich.ucl.ac.uk

**UCL Centre for International Health
and Development**
(formerly Centre for International Child Health)
Institute of Child Health

**International Courses on
Infant Feeding 2007**



**Breastfeeding: Practice
and Policy Course**
18th June – 13th July 2007

- **Breastfeeding: Clinical Management and Public Health.** (Module 1) 18-29 June 2007
- **Infant and Young Child Feeding: Addressing Challenges to Optimal Practice.** (Module 2) 2-13 July 2007
- **Breastfeeding: Advocacy and Practice Course.** Flexible outreach course.
- **Infant Feeding Consortium Training**



16th Breastfeeding: Practice & Policy Certificate Course

This annual masters-level course provides comprehensive scientific, technical and practical training on all aspects of breastfeeding, from birth to two years or beyond.

It is the only advanced level international training course on breastfeeding and related topics available worldwide.

It is an intensive course with a high level of contact time between participants and course directors, with an emphasis on equipping professionals with skills and knowledge to use in their employment.

Course Aims

To develop participants' capacity to take an active role in protecting, promoting and facilitating optimal infant feeding practices.

Who should apply

The course is designed for doctors and other senior health professionals who are involved in national or local infant feeding programmes as clinicians, trainers, advisers, coordinators or advocates for optimal infant feeding. Teams from the same course are particularly welcome. The course is limited to 30 participants and is conducted in English.

Modular Course

The 4-week course is divided into two 2-week modules which can be taken together, separately or over successive years. Under CIHD's Taster Programme you can earn UCL MSc/Diploma credits for each module. This entails additional course work and a separate application to the Taster Programme once you have a place on the breastfeeding course. Closing date 01/05/07.

Module 1: Breastfeeding: Clinical Management and Public Health.

18-29th June 2007 (also runs as an MSc module 12-23rd March 2007)

Extends and up-dates scientific knowledge of breastfeeding, breastmilk and the importance of breastfeeding for public health. It examines the evidence behind good practice recommendations and concentrates on feeding the younger baby. It aims to enhance practical competencies for working with mothers and babies, and community based counsellors.

Module 2: Infant and Young Child Feeding: Addressing Challenges to Optimal Practice.

1st-13th July 2007

Designed for those who want to go beyond the essentials of breastfeeding and examine the broader aspects of infant feeding initiatives, including maintenance of breastfeeding, feeding babies who are older, need special care or whose mothers are HIV-infected, complementary feeding, milk banking and psychological aspects of feeding. It examines the evidence base and implementation of the main global initiatives designed to improve infant and young child feeding (IYCF) including the International Code of Marketing of Breastmilk Substitutes, the Baby Friendly Hospital Initiative and the Global Strategy. It aims to develop participants' skills for programme coordination and planning projects to improve IYCF. It is useful for those working in both clinical and non-clinical settings.

Both modules include components which enhance participants' practical skills for advocacy, teaching and training others and implementing improved policies to improve infant feeding.

Application procedure

Send this application form or download from our website and submit by email to bfeed@ich.ucl.ac.uk. We will offer successful applicants a provisional place on the course and provide a letter for approaching donors. Definite places are allocated when we receive confirmation of funding.

Course Costs:

The course fee is £2300 for the full 4 week Certificate course, £1150 for a 2- week module. (Plus £50 UCL registration if you wish to earn MSc/Diploma credits.) We recommend that sponsors provide £100-£150 for purchase of training resources. Modest accommodation costs range from around £35 -£65 per night.

Applicants without funding are advised to start seeking financial sponsorship immediately. The course does not have any scholarship or bursary schemes. The Centre for International Health and Development accepts no support from manufacturers of infant formula or feeding bottles and cannot accept applicants funded by such companies

Infant Feeding Consortium (IFC)

The IFC comprises the Course Directors and Advisers of our international infant feeding courses. IFC consultants can provide a range of flexible training and related services, including outreach courses such as the 2-week **Breast feeding: Advocacy and Practice Course**.

More Information -

www.cihd.ich.ucl.ac.uk.

Includes details of accommodation and other practical arrangements, learning outcomes, MSc Taster Programme, IFC and our other courses.